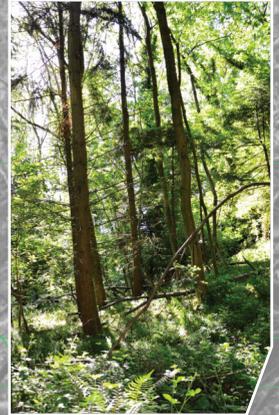


SOLITUDE

INTO THE WILD

WEEKEND SURVIVAL EXPERIENCE

NO PHONE, NO WATCH, NO WIFI!
JUST THE BARE MINIMUM OF KIT



elite
SURVIVAL
TRAINING

Imagine the scene. You're alone in the wild. Night is closing in and rain is on its way. Your smart phone is lost and your watch is broken. How will you survive? You need to find water and food. You need to make a fire and build a shelter. All you have to help you is what nature has provided. Have you got what it takes?



Your challenge is about going back to basics and re-connecting with nature.



**the ultimate weekend
survival experience**

Your challenge

How tough you make the challenge is down to you. We'll give you a list of items you can have with you - a knife, fire lighting kit, a water bottle, a cooking pot etc. It's your choice what you take. We'll offer you three degrees of difficulty –

Gold - 3 items

Silver - 6 items

Bronze - 9 items

You will be given food. This doesn't count as an item.

Before you join us...

Before you join us, think hard about which level is best for you and have your items ready.

Before your challenge, we'll give you professional training to develop your basic survival skills. We'll show you how to maximise both the elements of nature around you, as well as your own inner resources.

After training, you'll be on your own, or in a buddy pair, alone in the woods. You'll have no more than your chosen survival kit and the clothes you're standing in. This will be your chance to put your new found skills to the test. For the next 24 hours you will be the master of your destiny. Success will be down to your wits and your will to survive. This will be an experience like no other.

We run this Survival Experience on a private estate in Surrey. We have access to over 300 acres of private land, criss-crossed with streams. The terrain is undulating and the woodland is, in part, barely penetrable. You will feel that you are truly alone in the wild.

Of course, the experience isn't about putting you through physical discomfort or danger. We want you to enjoy your time with us – to take pleasure in re-connecting with nature; to enjoy the satisfaction of using your own inner resources to overcome the challenges of solitude.

This experience is open to all abilities and ages.



Survival items for Solitude Experience

Gold level - 3 items

Silver level - 6 items

Bronze level- 9 items

Please bring your own kit.

FIRE KIT

LIGHTER WATERPROOF MATCHES PLASTIC TUBING CANDLE TINDER FOR FIRE STARTING
PORTABLE STOVE MAGNESIUM FIRE STARTER COTTON WOOL (SMALL PACK) VASELINE

SHELTER MATERIALS

SPACE BLANKET GORTEX BIVVY BAG SLEEPING BAG ROLL MATT ORANGE SURVIVAL BAG
STRING (20M) OVER HEAD PONCHO HAMMOCK BLANKET

FOOD

EMERGENCY FOOD SALT ENERGY BARS ENERGY DRINK

WATER

WATER- PURIFICATION TABLETS WATER BOTTLE WATER FILTER METAL MUG FLASK CAMEL PACK

OTHER ITMES

TORCH HEAD TORCH SIGNAL MIRROR MULTITOOL POCKET KNIFE WIRE SAW
WIDE RIM HAT WARM HAT FOLDING SAW COOKING POT INSECT REPELLENT
BINOCULARS HAND AXE



